

RSHE LONG TERM PLAN: 2024- 2025

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Myself	Families and People who Care for Me	Friendships	Respect	Maintaining Positive Friendships	Physical and Emotional Changes in Puberty	Building Good Relationships, Committed relationships, Marriage and Conception
I Am Special	How Families Care for Each Other.	Falling Out and Making Up	Respecting different families	Bullying: on-line and off-line	Gender and equality in the workplace and society	Recap on physical and emotional changes that accompany puberty
My Gifts and Talents	Privacy [Pants Rule]	Kind and Unkind Behaviour	Asking Permission	Showing respect on-line	Physical and emotional changes that accompany puberty	Positive, respectful relationships
Healthy Living	Asking Permission	Bullying and Different Types of Bullying	Personal Boundaries	Personal Boundaries	Family Relationships	Healthy/ Unhealthy relationships
Hygiene and Looking after our teeth	Appropriate and inappropriate physical contact	Secrets and Surprises	Respectful Behaviour	Privacy	Recognising that all family types should be valued and respected	Committed Relationships and Marriage
	Respect		Self- Respect			How human life is conceived.